



2023 LADIES

"INTERMEDIATE LEVEL"

GOLF CLINICS

THESE SESSIONS ARE DESIGNED FOR LADY GOLFERS WHO HAVE BEEN PLAYING BUT WANT TO IMPROVE THEIR SWING AND ALL ASPECTS OF HOW THEY PLAY ON THE COURSE.

CLINIC DATES AND TIMES

5/24 THROUGH 5/27

ALL SESSIONS START@ 4 PM
CALL 724-776-7372 EXT: 1209
TO REGISTER
TUITION: \$100

Session 1: MAY 24

Introduction: To the Game, the Course, What's in Your Golf Bag, Golf Terminology, analyzing your game and shooting lower scores.

Fundamentals of Putting--grip, stance, alignment, mechanics of the putting swing, reading greens, green play etiquette.

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Session 2: MAY 25

Short Game Shots and Strategies: Techniques for chip shots, pitch shots, bunker play, and strategies to implement in play around the greens. Specialty shots. Practice drills.

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Session 3: MAY 26

Fundamentals of the Golf Swing Part 1: Pre-swing basics of grip, alignment, posture--10 checkpoint positions of the swing--Main objectives of an efficient swing--developing solid contact AND POWER with your swing. Practice drills.

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Session 4: MAY 27

Fundamentals of the Golf Swing Part 2: Full Swing Mechanics. Arm and Body Pivot Movements. Synchronizing your swing. Importance of Tempo. Hitting iron and metalwood shots. Practice drills.

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